

CERTIFICATE IN YOGA & AYURVEDIC PRACTICES | 2019 TIMETABLE

Duration: 1 Year Part-Time (3 Terms)

Commences: March - Annual Intake

Delivery Mode: On-Campus Only

Enrolment: Courses Fees are only payable on a term by term basis as you proceed with your studies. For more information on how to enrol & flexible payment options, visit <http://www.naturecare.com.au/enrolment>

Study Plan

	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> Ayurvedic Medicine - An Introduction Yoga & Meditation 	<ul style="list-style-type: none"> Ayurveda for Self-Healing Asana Postures 	<ul style="list-style-type: none"> Philosophy of Yoga Yoga Physiology

Term 1, 2019

Unit Of Study Name	Day	Time	Dates	Format	Cost	Code
Ayurvedic Medicine - An Introduction	Wednesday	6.30pm - 8.30pm	6 Mar - 15 May	10 weeks	\$495 (Incl. GST)	AYU001WED
Yoga & Meditation	Friday	9.30am - 3.30pm	22, 29 Mar & 5 Apr	Intensive	\$475 (Incl. GST)	YOG003FRI

Term 2, 2019

Unit Of Study Name	Day	Time	Dates	Format	Cost	Code
Ayurveda For Self Healing	Wednesday	6.30pm - 8.30pm	26 Jun - 4 Sep	10 weeks	\$515 (Incl. GST)	AYU010WED
Asana Postures	Friday	9.30am - 3.30pm	9, 16 & 23 Aug	Intensive	\$475 (Incl. GST)	YOG004FRI

Term 3, 2019

Unit Of Study Name	Day	Time	Dates	Format	Cost	Code
Philosophy of Yoga	Friday	9.30am - 3.30pm	*18 & 25 Oct (To be confirmed)	Intensive	\$310 (Incl. GST)	YOG007FRI
Yoga Physiology	Friday	9.30am - 3.30pm	15, 22 & 29 Nov	Intensive	\$475 (Incl. GST)	YOG005FRI